



## Did you know ?

### → THE CÉZALLIER: SUMMER PASTURE LANDS

Since ancestral times, these cleared lands are the kingdom of cows that are peacefully grazing on grass. Progressively, our ancestors have cleared the mountain beech forest and have transformed it into altitude pastures named « montagnes » (mountains). In the springtime, the flock of suckler cows and their calves reach the summer pastures.

### → THE CÉZALLIER: THE BURONS

For a long time, the burons, small stone houses covered by lauze or slate, occasionally welcomed from May to October the shepherds of the flocks of Salers cows, also called « buronniers ». Here, we could find a modest living space where cheese was produced (Cantal, Saint Nectaire, Salers) during the summer pasture. The burons are no longer used as houses and places to make cheese, but they are still visible, spread out in the mountains.

#### CONTACT

04 73 89 15 90

## Hiking guide

### Le Cirque d'Artout

Starting point : Le Luguët (Anzat-le-Luguët)



Distance : 7,5 km



Hiking Time : 2 h 45



Difficulty : Moyenne



Marking Out : Jaune



Height Difference : 345 m





- D** Starting point: from the starting sign and back turned to the chapel, you will find, at approximately 30 meters on the right, at the corner of the dry-stone wall, a narrow pathway between a wall and a barn. Follow this pathway and, ascending between houses and gardens, you will end up on a road. Cross this road and take the path on the left, which diagonally goes up to the pastureland. Once arrived at a crossroads, take the path in front of you (view on the Artout valley). After 400 meters, at the sloping ledge, turn off right and follow the path until reaching a stepladder.
- 1** Cross it and keep following the fence on the right side, until you reach another stepladder. Right after the water catchment enclosure, bypass a series of wetland by above, then go to the fence and cross a third stepladder (panoramic view from the Sancy to the Margeride). From the place where the fence forms a right angle, go down on the right of a strong slope by walking along the fence, cross a small stream and, still near the fence, go back up until you find another stepladder. Cross it, turn left, walk a few meters along the fence until reaching a path on the right, barely visible, plunging into the forest.
- 2** Carefully step in because the switchback trail is steep (remarkable trees). At the end of the slope, take the road on your right for 100 meters. Step left into a path to a stepladder. Cross it, immediately turn right and, 10 meters ahead, turn left. Reach the hamlet of Artout and continue walking on the path opposite for 400 meters until reaching an intersection.
- 3** Turn right on the path which, after crossing the streams, goes up to the road (D721). Cross this road and take the stony path opposite, path that crosses Le Luguët. Continue walking between the houses and ignore two streets on your left. Once arrived at a fork, go up on the right then go back down toward the chapel. At the chapel, turn right until reaching the starting point.

