## Did you know?

## THE «PUY DE LAVELLE»

The Puy de Lavelle is an explosive volcano whose two summits can be seen today, one at 783 m and the other at 762 m. Its high part is a lake of solidified basaltic lava that resisted erosion. The age of this volcano is estimated at 20 million years. This site is classified ZNIEFF (Zone naturelle d'Intérêt Écologique Floristique et Faunistique) and there is an interesting variety of plants. Some have a culinary interest such as e.g. the yellow milk curd (or gaillet), which is used to curdle milk. Others are useful for agriculture like the royal walnut that kills ants. Still others are used for medicinal purposes such as chelidoine, also known as ((wartweed)), that can knock them down in a matter of days. You will also see rare and protected plants, such as orchids (pyramid orchids, goateed orchids, bee ophrys).

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## Hiking guide

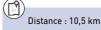
Le puy de Lavelle

Starting point : Saint-Vincent

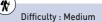


Auvergne Pays d Issoire

Ressentez-Vibrez-Savourez







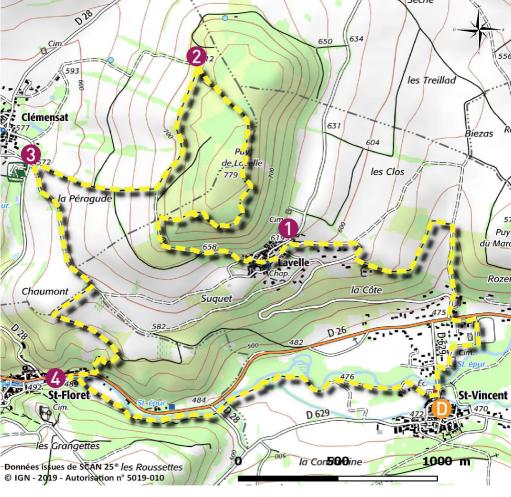


Marking Out : Yellow



Height Difference : 290 m





- Starting point Follow the street towards the D26, then take the first street on the right. Walk along the cemetery, then the stadium. Turn left to take a street parallel to the D26 for 100 m. To cross it. Follow the D629 in front for 100 m then turn right onto a paved road. Continue the ascent until the first intersection and then turn left. Ignore two paths on the left. Continue until you reach the D629. Take it to the right until you reach Lavelle.
- Turn left on rue de La Ribe. Pass in front of the church to take the rue de La Chapelle on the left. Continue on rue du Suquet. At the end of the uillage, on the right, basalt organs. At the next two intersections, take the right lane. After two wooden benches, go up to the right to follow a track climbing in the moor between junipers. Follow the track on the right (view of Clémensat, the church of Saint-Floret and the Monts Dore) around the rocky summit, bordering a cliff (view of Lavelle and Saint-Vincent). Continue the climb up to a wide path. Turn right and go down to a crossroads.

- 2 Go to the left. At the fork, turn right until you reach the entrance to Clémensat.
- 3 At the T-junction, turn left. At the next one, go down to the right. At the next crossing, continue the descent to the left (view of the puy de Lavelle). Turn right on a small path that goes down quickly into a ravine and joins the D26 at Saint-Floret (stone cross). Cross the road, turn right to a footbridge.
- Cross it, turn left to follow the Couze Pavin, cross the D28, pass over a lock, continue along a path and then a path and reach the starting point at Saint-Uincent.

